

## "Is Jesus ALIVE inside YOU?"

### The Story of The Emmaus Disciples

Luke 24:1-36

**The Backstory:** Jesus surprised His disciples by appearing to them after being in the grave for three days. Several women disciples were the first at the tomb and noticed something amazing: Jesus was not there because He had risen from the dead. Angels confirmed this and Jesus Himself showed himself to the women disciples.

Marcy Magdalene, Joanna, Mary the mother of James, and the other women told the Apostles their shocking experience, and they initially did not believe the women's testimony. However, Peter and John ran to the tomb and found that the women were actually telling the complete truth: Jesus had defeated sin, hell, and the grave by rising again (see Luke 24:1-12, Matthew 28; Mark 16, John 20).

It is quite interesting that the first person to see Jesus on Easter was Mary Magdalene. She was formerly demon possessed with seven unclean spirits (Mark 16:9) and being a woman, her testimony would not hold up in a court of law in this time period. Jesus was often counter-cultural and highly valued women in His life and ministry.

*Today's Story: The Emmaus Disciples. What can we learn from them?*

#### 5 Life lessons for Easter 2019:

1. Jesus can be in our \_\_\_\_\_ and we don't even \_\_\_\_\_ it (v. 13-16).

**Easter Insight:** appeared to Simon. Cf. 1 Cor. 15:5-8. Scripture describes at least 10 distinct appearances of Christ between the resurrection and ascension. He appeared to: 1) Mary Magdalene at the tomb (Mark 16:9; John 20:11-18); 2) to the women on the road (Matt. 28:9, 10); 3) to the disciples on the road to Emmaus (vv. 13-32); 4) to Peter (v. 34); 5) to 10 of the 11 disciples, Thomas being absent (vv. 36-43; Mark 16:14; John 20:19-25); 6) to the 11 disciples (with Thomas present) 8 days later (John 20:26-31); 7) to 7 disciples by the shore of the Sea of Galilee (John 21:1-25); 8) to more than 500 disciples, probably on a mountain in Galilee (1 Cor. 15:6; see note on Matt. 28:16); 9) to James (1 Cor. 15:7); and 10) to the apostles when He ascended into heaven (Acts 1:3-11). After His ascension, He appeared to Paul (1 Cor. 15:8). The next time He appears it will be in glory (Matt. 24:30).<sup>1</sup>

<sup>1</sup> Quote from John MacArthur Study Bible.

2. Jesus \_\_\_\_\_ us right where we are in the \_\_\_\_\_ of our \_\_\_\_\_ and struggles (v. 17-24).
3. We find \_\_\_\_\_ in Jesus through understanding the Holy \_\_\_\_\_ about Jesus (v. 25-27).
4. We come to know who \_\_\_\_\_ is by spending quality \_\_\_\_\_ with Him (v. 28-35).
  - **Notice the results of spending the day with Jesus:**
    - Their eyes were opened.
    - They knew who Jesus was.
    - They felt a holy fire in their hearts.
    - They immediately gathered together with the 11 Apostles and the other disciples.
    - They gave the Gospel to the disciples—The Lord is risen indeed!
5. Jesus' message for you today: If you truly know \_\_\_\_\_, you can truly know \_\_\_\_\_ (v. 36).

Philippians 4:6-7; <sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

**Christ Connection:** Jesus is alive, and He makes me alive when I accept Him into my life as Lord and Savior.

**Sermon in a Sentence:** Jesus is truly alive, and you become truly alive when you invite Jesus to live inside you!

### Action Steps:

#### **For the Born-Again Believer:**

- ✓ **Show the world** that Jesus is alive inside of me by the way I live my life as a testimony of the life of Christ within me.
- ✓ **Put Jesus at the center** of my life by spending time with Him everyday in prayer and Bible study, and by gathering in a local Bible-believing church with other Jesus followers.

#### **For the seeker:**

- ✓ **Ask Jesus to make you new** by believing the Gospel and repenting of your sins.
- ✓ Start spending **time with Jesus** everyday in prayer and Bible study.
- ✓ **Get connected** to a local Bible-believing church where your faith can grow.